

## Curriculum plan 2016-17

Subject: PE

<u>Year 1</u>	Autumn 1 & 2	Spring 1 & 2	Summer 1 & 2
Indoor session	Handling skills: <ul style="list-style-type: none"> <li>• Ball handling</li> <li>• Throwing</li> <li>• Catching</li> </ul>	Dance	Gymnastics
Indoor session	Games	Football skills: <ul style="list-style-type: none"> <li>• Dribbling</li> <li>• Footwork</li> <li>• Ball control</li> </ul>	Athletic skills: <ul style="list-style-type: none"> <li>• Running</li> <li>• Jumping</li> <li>• Using athletic equipment</li> </ul>
Outdoor session	Sports Multi Skills	Sports Multi Skills	Sports Multi Skills

<u>Year 2</u>	Autumn 1 & 2	Spring 1 & 2	Summer 1 & 2
Indoor session	Gymnastics	Swimming Dance	Tennis
Indoor session	Invasion games	Football skills: <ul style="list-style-type: none"> <li>• Dribbling</li> <li>• Footwork</li> <li>• Ball control</li> <li>• Mini games</li> </ul>	Athletic skills: Into to Quad kids <ul style="list-style-type: none"> <li>• Running</li> <li>• Jumping</li> <li>• Using athletic equipment</li> </ul>
Outdoor session	Tag Rugby Football	Invasion Games	Rounders' Cricket

<u>Year 3</u>	Autumn 1 & 2	Spring 1 & 2	Summer 1 & 2
<b>Indoor session</b>	Swimming Dance	Gymnastics	Hockey
<b>Indoor session</b>	Football	Tennis	Athletics: Quad Kids
<b>Outdoor session</b>	Tag Rugby Cross country	Cricket Football	Rounders' Orienteering

<u>Year 4</u>	Autumn 1 & 2	Spring 1 & 2	Summer 1 & 2
<b>Indoor session</b>	Dance (Haka)	Gymnastics	Athletics: Quad Kids
<b>Indoor session</b>	Basketball	Tennis Football	Cricket
<b>Outdoor session</b>	Tag Rugby Cross Country / Fitness training	Hockey Orienteering	Table Tennis Golf

<u>Year 5</u>	Autumn 1 & 2	Spring 1 & 2	Summer 1 & 2
Indoor session	Badminton	Gymnastics	Dance
Indoor session	Basketball	Fitness training Football	Cricket
Outdoor session	Tag Rugby Cross Country	Hockey	Athletics Table Tennis

<u>Year 6</u>	Autumn 1 & 2	Spring 1 & 2	Summer 1 & 2
Indoor session	Netball	Gymnastics	Dance
Indoor session	Basketball	Football Tennis	Cricket
Outdoor session	Tag Rugby	Hockey	Athletics Golf