Park End Primary School



Approved By: D. Jackson

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Intimate Care Policy

Review Date	Type of Review	Comments	Initials
Sept 2016	New	New Policy	LR
Jan 2019	Review	Review of procedures	LR
Sept 2019	Review	Review of procedures	KR
Oct 2020	Update	Update in line with COVID-19	LR
		procedures	
Dec 2021	Review	Review of procedures	JR
Sept 2022	Review	Review of procedures	LR
Sept 2023	Review	Added link to new policies.	LR
Sept 2024	Review	No changes	LR

Intimate Care Policy

INTRODUCTION

1. Intimate care can be defined as care tasks of an intimate nature, associated with bodily functions, body products and personal hygiene. Examples include care associated with continence, washing or bathing.

POLICY

- 2. Park End Primary is committed to providing education for all our children. Children do not have to be continent to enrol in any area of the school; this is in line with Disability Discrimination Act (DDA) guidelines.
- 3. All children will be included in all school activities.
- 4. All issues regarding incontinence will be dealt with on an individual basis.
- 5. Park End Primary school will make reasonable adjustments to meet the needs of each child.
- 6. When dealing with incontinence, one staff member will change the child and another will be in the vicinity.
- 7. Students on placements are not permitted to change a child unsupervised.
- 8. Volunteers are not permitted to change a child.
- 9. Children's dignity will be preserved and a high level of privacy, choice and control will be provided to them
- 10. Park End is committed to ensuring that all staff responsible for the intimate care of children always undertake their duties in a professional manner and recognise that there is a need to treat all children with respect when intimate care is given. No child should be attended to in a way that causes distress or pain.
- 11. Whilst undertaking intimate care, if a member of staff has any safeguarding concerns, the appropriate safeguarding procedures will be carried out (see Safeguarding and child protection policy).
- 12. As a basic principle, children will be supported to achieve the highest level of autonomy that is possible given their age and abilities. Staff will encourage each child to do as much for themselves as they can. The needs and wishes of children and their parents will be carefully considered.
 - 13. All children to whom incontinence is a disability and not because of developmental age will have a personalised SEND Support Plan which is agreed by parents. Support will be sought from the continence service.

- 14. When dealing with incontinence all staff must: -
 - Wear disposable gloves and an apron whilst dealing with the incident.
 - Dispose of all nappies in the appropriate, specific bin or hygienic disposal unit.
 - Place soiled clothes securely in a plastic bag, and send them home.
 - Clean the changing area after use with appropriate anti-bacterial cleaning agent.
 - Use hot water and liquid soap to wash hands as soon as the task is completed. Dry hands using paper towels.

GUIDANCE ON CONTINENCE (EYFS)

TOILET TRAINING (EYFS)

15. We consider toilet training as a self-care skill that children can learn with the full support of all adults involved in their care.

PROCEDURES (EYFS)

- 16. A child's key person will have a list of personalised changing times for the young children in their care who are in nappies or 'pull-ups'.
- 17. The parent will provide each young child with their own bag with their nappies or 'pull ups' and changing wipes.
- 18. The school will provide nappies or pull ups as appropriate in accordance with need.
- 19. Standing nappy changes are used wherever possible to support the child's move towards independence and use of the toilet.
- 20. Staff will wear aprons and gloves to change nappies.
- 21. All staff are familiar with hygiene procedures and carry these out when changing nappies.
- 22. In addition, the member of staff will ensure that nappy changing is relaxed and a time to promote independence in young children.
- 23. Young children are encouraged to take an interest in using the toilet.
- 24. Children are encouraged to wash their hands and the setting has soap and paper towels readily available. Children will be allowed time for some play as they explore the water and the soap.
- 25. Older children will access the toilet when they have the need to and will be encouraged to be independent.

26. Nappies and 'pull ups' are disposed of hygienically. Any soil (faeces) in nappies or pull ups is flushed down the toilet and the nappy or pull up is bagged and put in the nappy bin. Bins are emptied twice daily and placed in the appropriate outside bin. Cloth nappies, trainer pants and ordinary pants that have been wet or soiled are bagged for the parent to take home.

Related Policies

This Policy should be read in conjunction with the following policies

Safeguarding and child protection policy Supporting children with medical conditions Equality